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STRENGTH

CAPTEX[®] Medium Chain Triglycerides Adding MCTs to Your Protein Shake Formulation Will Keep Your Consumers Feeling & Thinking Like Athletes

Chocolate Protein Shake (with Captex 300 and Capmul[®] 471)

INGREDIENTS	
	Usage Levels (%)
Water	85.80%
Calcium Caseinate	3.29%
Milk Protein Isolate (85% Protein)	2.43%
Canola Oil	2.29%
CAPTEX 300	2.00%
Cocoa Powder	0.86%
Maltodextrin	0.83%
Fructose	0.79%
CAPMUL 471	0.50%
Chocolate Flavor	0.29%
Potassium Citrate	0.27%
Whey Powder	0.26%
Gum Arabic	0.24%
Salt	0.16%
Total	100.00%

NUTRITIONAL CONTENT

Per one 237 ml serving

Calories	166 cal
Total Fat	12 g
Saturated Fat	6.6 g
Trans Fat	Оg
Cholesterol	6 mg
Total Carbohydrates	5 g
Dietary Fiber	2 g
Sugars	4 g
Protein	13 g
Calcium	219 mg
Potassium	64 g
Sodium	185 g
Iron	1 mg
Vitamin A	5 IU
Vitamin C	Оg

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